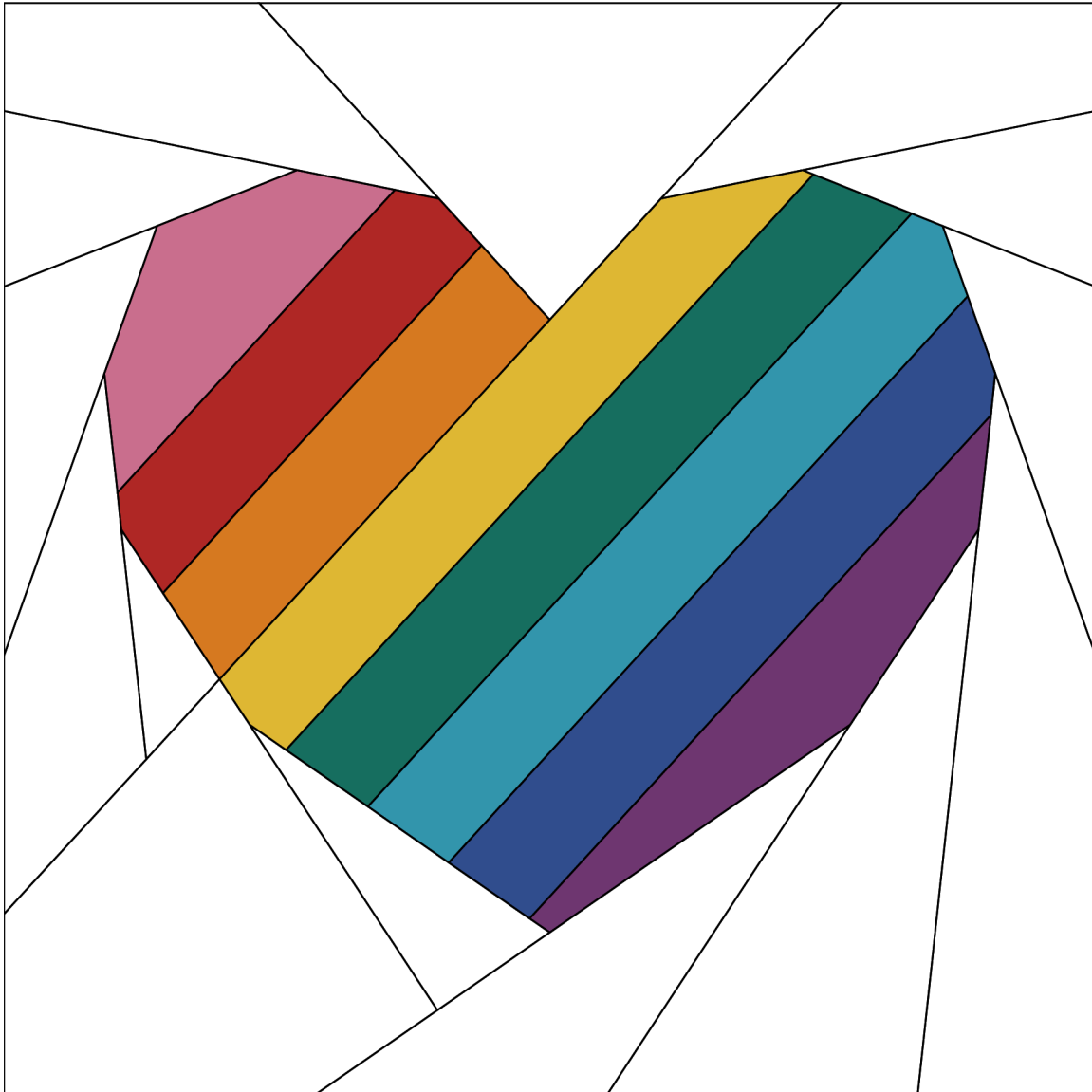


To Love and Be Loved

"There is only one happiness in life, to love and be loved." - George Sand



**A Foundation Paper Piecing Pattern
by Rebecca Halvorsen
📷 @quiltbynight**

**Finished block size: 6" by 6"
(6.5" by 6.5" with 1/4" seam allowance)**

Thank you!

Thank you so much for your interest in this pattern. The name of this pattern comes from a quote by French novelist and social activist Amantine Lucile Aurore Dupin de Francueil, better known by her pen name George Sand (1804–1876). A literary force ahead of her time, Sand championed love, individual freedom, and social justice in her writing, leaving a legacy that still resonates today.

I hope you enjoy making this quilt as much as I enjoyed designing it—and that you use it to share a little love of your own.

I love seeing what you create! Share a photo and tag me @quiltbynight on Instagram or share to my email quiltbynightpatterns@gmail.com.

You are welcome to sell items made using this pattern on a small scale. Please credit me, quiltbynight, as pattern designer. Please do not sell or distribute any part of the written pattern or FPP templates.

If you loved this pattern, you may love some of my other creations. Follow along on Instagram or check out my Etsy. Go to <https://linktr.ee/quiltbynight> or scan the QR code to the right to find all my links.



Getting Started

This pattern is suitable for confident beginners, but it assumes comfort with the basics of foundation paper piecing.

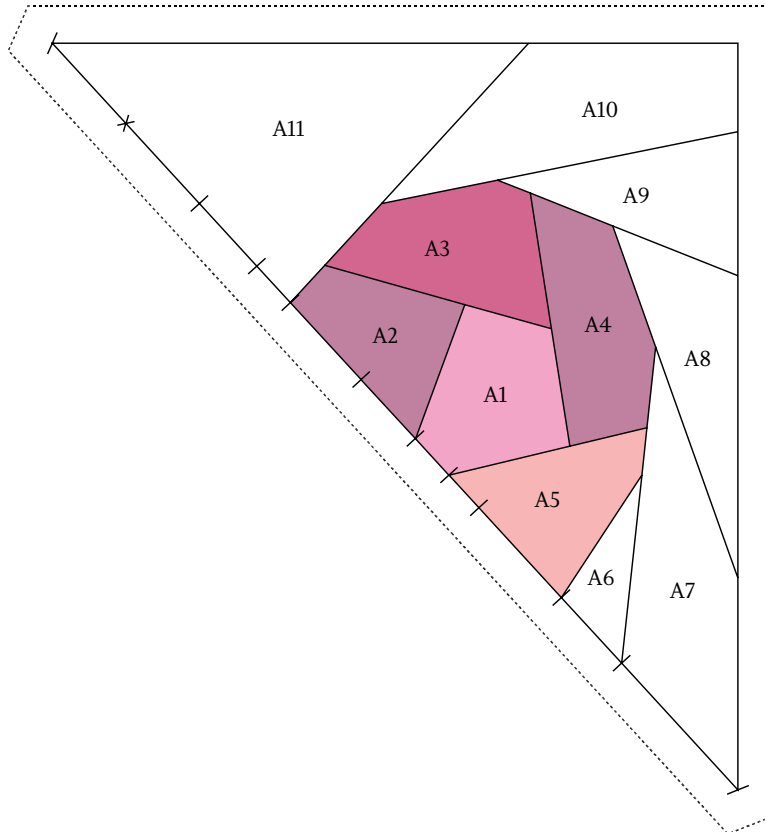
When printing this pattern, be sure to print “actual size” or “100%”. Use the 1-inch square on the template pages to test your print size. You may choose to print the entire document or refer to the digital pattern for piecing instructions and only print the foundation paper piecing (FPP) templates (which start on page 5).

When sewing, use a short stitch length and fine thread. This will make removing paper easier and will help your seams lie flat. I personally prefer to keep my stitch length set at 1.6 for piecing and I use Wonderfil Invisafil 100wt of DecoBob 80wt thread for piecing.

I love using semi-transparent paper such as June Tailor Perfect Piecing Foundation Paper or HTC Foundation Paper for FPP. Being able to see the printed lines on both sides of the paper makes aligning fabric much easier. Alternatively, you can use newsprint or regular printer paper.

Press as you go. I prefer to press each seam before attaching the next piece. For extra-flat seams—especially when joining sections—use a tailor’s clapper. Flat seams make a big difference and help with cleaner piecing, easier joining, and smoother quilting.

Anatomy of this Pattern

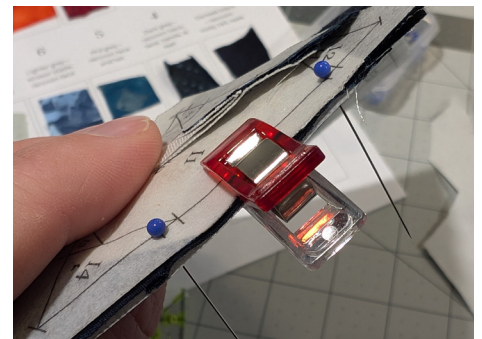
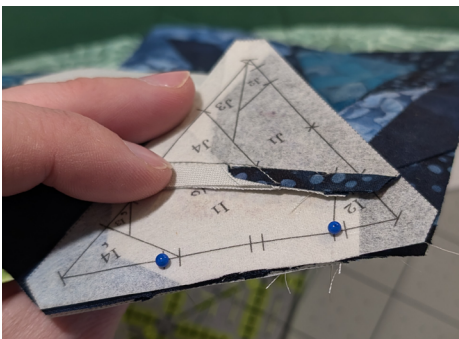


Before you start piecing, let's take a quick look at the anatomy of the paper piecing templates included with this pattern.

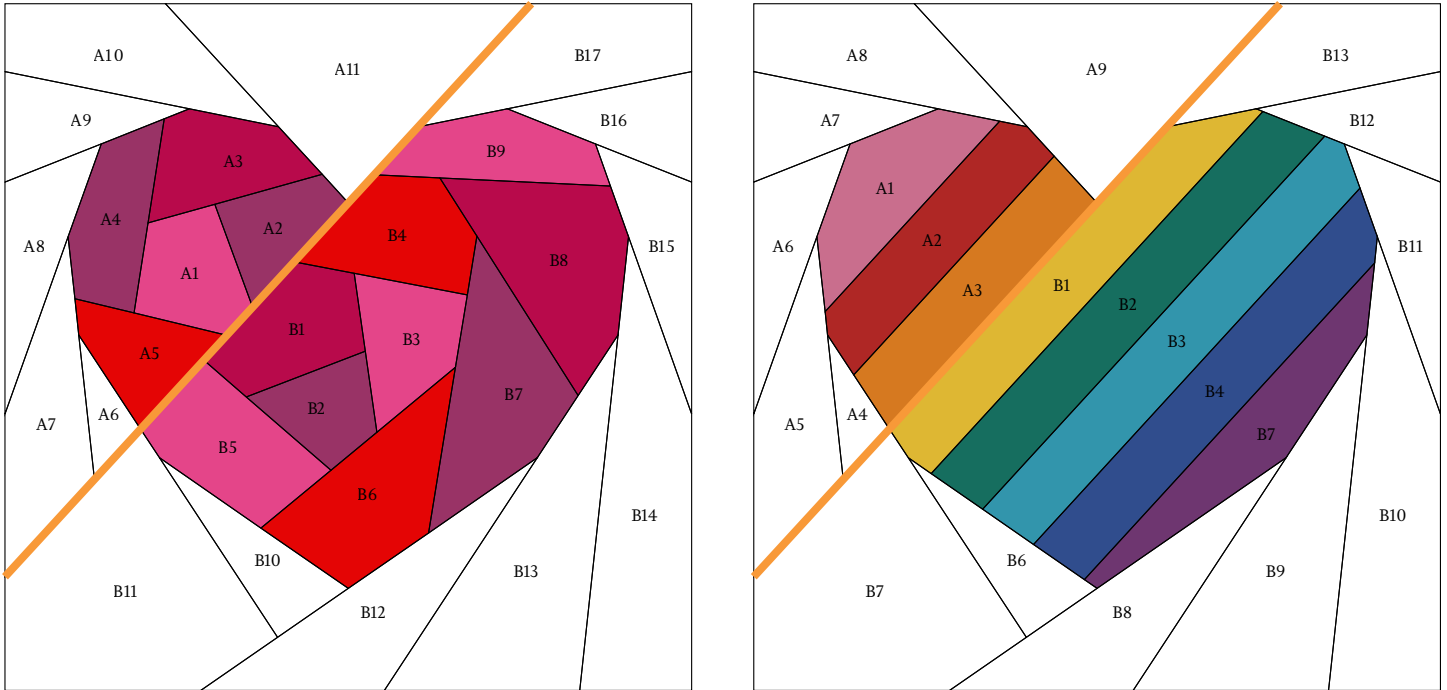
Each template uses a letter-number pair to indicate the unit ID and the piecing order. For example, in unit A shown above (this unit is shown as an example only and is not used in this pattern), you will attach fabric in the sequence A1, A2, A3 and so on finishing with A11.

- Solid lines are the sewing lines.
- Dotted lines mark the seam allowance. Ensure your fabric covers both the seam allowance and the main template area.

Along the outer sewing line of each unit, you'll see alignment markers, shown as "x"s and lines. These help you align pieces accurately when attaching units and sections. To align units, place pins directly through corresponding alignment markers on both pieces, as shown in the first two photos below (which shows sections from my "Like a Hungry Raccoon" pattern, which has more pieces but follows the same concepts). Once aligned, you can add quilting clips between the pins to hold everything in place, as shown in the third photo. Be sure to remove the pins from the alignment markers before sewing.



Piecing Diagram and Instructions



This pattern includes 2 variations. The patchwork heart (shown on the left) is designed using four colors for the heart and one more color for the background, though you could certainly mix it up to use as many or as few colors as you like. The rainbow heart (shown on the right) uses eight colors for the heart and one more for the background.



Please note that this piecing diagram depicts the fabric side of the finished quilt. The paper piecing templates are mirrored (as is typical for FPP templates); your fabric is sewn on to the back of the template and when you flip it over the final image will appear in the right direction.

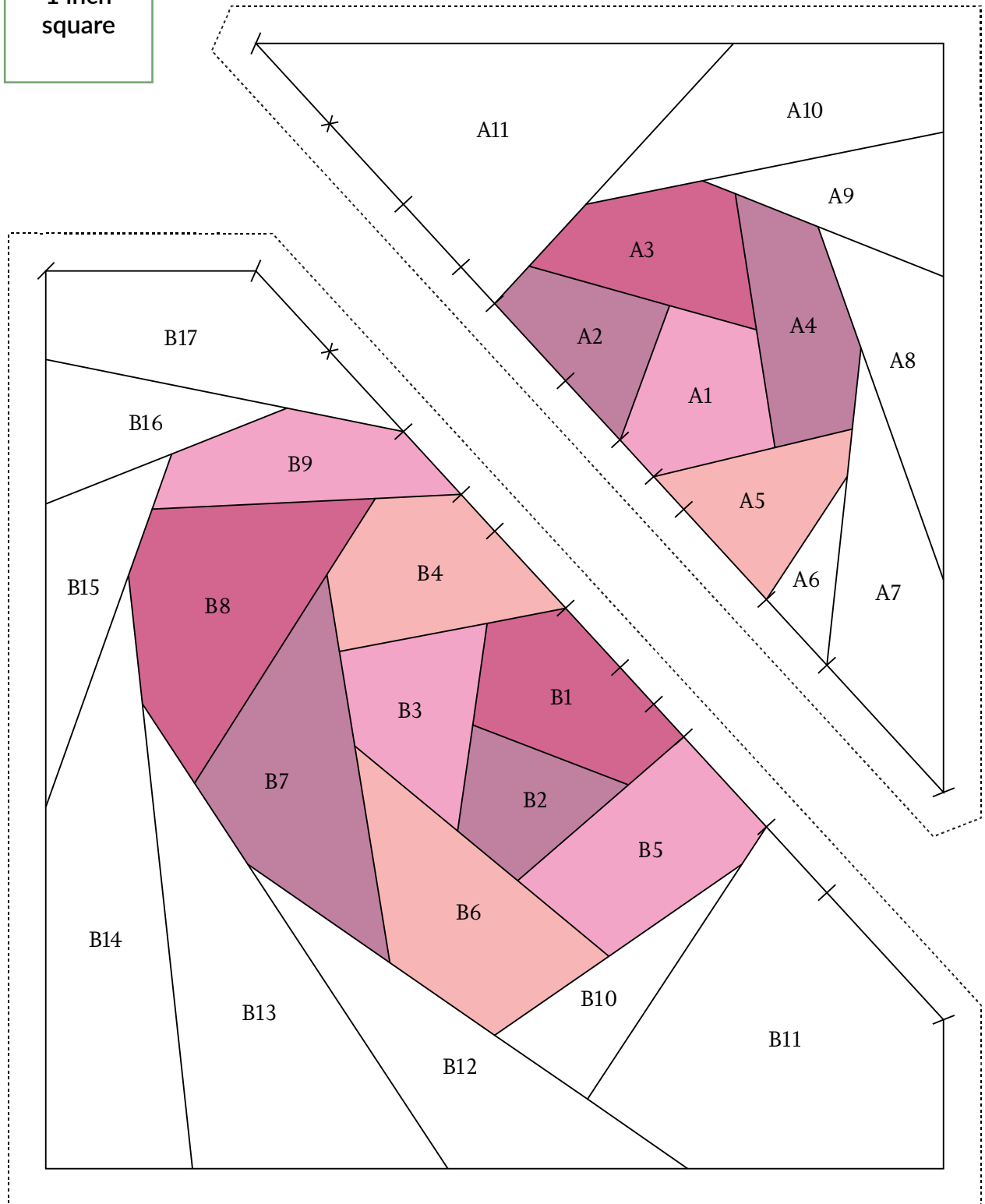
Both of these blocks contain only two sections. **Once you've assembled sections A and B, attach them together as shown in the diagram above to complete your block.**

You can use these blocks as part of a larger quilt or you can quilt and bind an individual block as a standalone mini quilt, mug rug, wall art, etc...

I hope you had fun making this pattern. Please show off your designs and share a little love!

Patchwork Heart Templates

1 inch square



Striped Heart Templates

1 inch square

